Level M - Form 1 - Reading: Recall Information

Sample Question

Read the paragraph. Then choose the best answer to the question.

Audrey did her best to keep up with the aerobics tape, but her body just wouldn't move like the instructor's. Audrey had never felt so clumsy and foolish in her life.

What is Audrey doing?

- A working
- B teaching
- C exercising
- D dancing in a ballet

Level M - Form 1 - Reading: Recall Information

Read this information about Dr. Martin Luther King, Jr. Then do Numbers 1 through 5.

Free at Last

"Free at last! Free at last! Thank God almighty, I'm free at last!" Martin Luther King, Jr., didn't write these words, but he gave them special meaning for Americans.

King was one of the most powerful leaders in U.S. history. He devoted his life to the belief that Americans of all races should have the same opportunities to find decent housing, to find well-paying jobs, and to receive a quality education.

King led blacks and whites together in protests against racism. Though his followers were beaten, spat upon, and arrested, he urged them never to use violence.

King organized protests in which thousands of people did simple things to draw attention to injustice. For instance, in Montgomery, Alabama, blacks weren't allowed to sit with whites on city buses. So throughout 1956, King and hundreds of his followers refused to use the bus system. As a result of their protest, bus companies changed their policy and allowed blacks and whites to sit together. Ten years later in Chicago, King and his followers marched through neighborhoods where blacks weren't welcome.

The peaceful tactics were often successful. Today it is illegal to refuse someone a job or a house simply because of his or her skin color.

King's outstanding career ended in 1968 when he was assassinated.

- 1. In addition to housing and jobs, what did King want for all Americans?
 - A more money
 - B quality education
 - C religious freedom
 - D an end to slavery

- Why did King's career come to an end?
 F He retired.
 - G He became ill.
 - H He was assassinated.
 - J He did what he set out to do.

- **3**. This article suggests that King's activities resulted in
 - A buses
 - B books
 - C new laws
 - D improved schools
- **4**. In Montgomery, Alabama, King and his followers protested together so that blacks and whites could
 - F work at the same jobs
 - G go to the same schools
 - H sit together on buses
 - J live in the same neighborhoods

- 5. When did King march in Chicago?
 - A 1956
 - **B** 1957
 - **C** 1966
 - D 1968

Here is a story about a woman who volunteers at a local hospital. Read the story. Then do Numbers 6 through 10.

Helping Hands, Loving Hearts

Ginny sipped her coffee and glanced at the kitchen clock. It read 8:10. With a start, she jumped up. She had to get moving if she was going to be at the hospital on time. Ginny grabbed her keys and hurried out to her car.

As soon as she hit the expressway, there was a huge backup. Maybe there's an accident, Ginny thought. I'll be late now for sure. For a half hour, the traffic just crept along. I could be still in bed asleep, she thought. Not sitting here in a jam.

Ginny volunteers twice a month at St. Matthew's Hospital as a baby snuggler. Sometimes parents can't be with their babies. They need to be with other children, or they need to take care of work responsibilities. Ginny's job is to provide some comfort and physical touch for babies when their parents are not at the hospital. Most of the time Ginny loves her job. Today she was just frustrated with the backup. After 45 minutes, Ginny arrived at the hospital and went up to the sixth floor.

"Thank goodness you're here," one of the nurses said. "This little one hasn't been held all morning. His name is Andrew." The nurse handed the baby to Ginny. Ginny held him close, and immediately the frustration of the morning left her. She sat in a rocking chair near the window. Andrew slept under her chin while Ginny rocked him, talking softly to him. This is why I do this, Ginny thought as she smiled down at the baby asleep in her arms. These little people need me.

- 6. How often does Ginny volunteer at St. Matthew's Hospital?
 - F twice a day
 - G twice a week
 - H twice a month
 - J twice a year

- 7. When does Ginny's frustration leave her?
 - A when she finishes her coffee
 - B when she holds the baby
 - C when she leaves the hospital
 - D when she's driving to the hospital

- 8. Why is there a need for baby snugglers?
 - F The babies are very sick.
 - G Parents can't always be at the hospital.
 - H No one else cares about the babies.
 - J The nurses don't have time to hold the babies.
- **9.** By the end of the story, how does Ginny feel about volunteering?
 - A She is glad that she does it.
 - B She regrets it.
 - C She still feels frustrated.
 - D She feels confused about what to do.

- 10. This passage is mostly about
 - F how short staffed most hospitals are
 - G the experiences of babies in hospitals
 - H Ginny's experience with volunteering
 - J why everyone should volunteer at hospitals

Read this article about moving. Then do Numbers 11 through 20.

Before You Relocate

Experts claim that moving to a new city is one of the most stressful times in a person's life. This is because it combines the stress of beginning a new job, finding a new house or apartment, and being in an unfamiliar place. Nothing makes moving easy, but there are several early actions you can take to shorten that difficult period.

Request a telephone directory for your new area. During the period before you move, your telephone is the most important and powerful tool you have. It will help you get ready for your new environment.

Subscribe to the local newspaper, and read it. Nothing will do more to make you feel like a part of the new community than reading the local paper. The move will seem less difficult if you can picture where you will be and what you will be doing in the new city.

Call someone living in your new city and ask him or her to recommend good doctors, mechanics, and hairstylists. If you know whom to go to for these essential services, you won't feel nearly as lost after the move.

Get brochures from the department of parks and recreation and the chamber of commerce. Then make definite plans to participate in one of the activities the brochures advertise. Register for a class if you can. It's a wonderful way to meet new people.

Set aside a few minutes each day for yourself and for conversations with friends and family. If you have children, this is especially important. When you are busy planning, it's easy to forget about the stress your children are experiencing. Children have less control over events than you do, so the move can actually be more emotionally upsetting for them.

Finally, once you have moved, give yourself time to adjust and have some fun. Don't start your new job right away, and don't try to finish all your unpacking at once. Get out and explore your new surroundings; make it an adventure.

- 11. According to the article, what makes moving more stressful than other difficult times?
 - A Moving leads to new jobs.
 - B Moving requires a lot of work.
 - C Moving takes a lot of time and money.
 - D Moving combines several stressful changes.

- **12.** When should people do most of the things suggested in the article?
 - F before moving
 - G right after moving
 - H while trying to decide whether to move
 - J while traveling from their old homes to their new homes

- **13.** According to the article, why is moving more stressful for children than for adults?
 - A Children are emotionally weak.
 - B Children hate change more than adults do.
 - C Children are afraid they will lose their parents.
 - D Children have less control over what is happening.
- 14. According to the article, what is the most important question to ask someone living in your new area?
 - F Do you like this town?
 - G Do you think I will fit into your community?
 - H Where do you live, and which school do your kids attend?
 - J Which doctors, mechanics, and hairstylists do you like?
- **15.** According to the article, people should read the newspapers in their new town to
 - A learn about dangers to avoid
 - B know which politicians to vote for
 - C picture themselves in the new area
 - D know what the weather will be like there
- 16. According to the article, what should people do when they first arrive in their new town?
 - F go to work
 - G go exploring
 - H unpack everything
 - J stay close to home

- 17. Which of these does the article suggest for meeting new people?
 - A going to clubs
 - B taking a class
 - C talking to your kids
 - D reading the telephone directory
- 18. The article suggests that the stress of a move
 - F is unnecessary
 - G eventually goes away
 - H gets worse just before leaving
 - J stays with people for the rest of their lives
- **19.** The article suggests that much of the stress of moving comes from
 - A missing close friends
 - B fighting with one's family
 - C losing important possessions
 - D making many changes at once
- **20.** The article suggests that when families move, many parents make the mistake of
 - **F** crying in front of the children
 - G forgetting about their children's stress
 - H not letting their children make decisions
 - J forgetting to register their children for school